

## LIST OF SKILLS AND BEHAVIORS FOR PARENT/TEEN SESSIONS

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As a parent, what do I need to focus on to help my teen become a safer driver? In developing a Development/Practice Plan, focus on the following skills and make sure to practice/observe each of them at some point, preferably multiple times, during the learning process:

### Location Driving

#### *City - Expect the Unexpected*

- Pedestrians
- Kids/pets in the street or running out
- Bicyclists
- Motorcyclists
- Crosswalk
- Stop Signs and White Line
- Turning in the lane/not changing lanes
- Identify hazards/obstacles/distractions

#### *Highway*

- Merging onto highway
- Changing Lanes
- Passing
- Following Distance
- Exiting from highway

#### *Rural*

- Gravel roads
- Paved roads

#### *Multi-Lane Travel*

- Lane changing
- Stopping distance
- Following distance

- Right/Left turns

### Parking

- Parallel Parking
- Uphill/Downhill Parking
- Angle/perpendicular parking
- Exiting parking

### Backing up/Reversing

- Straight
- Contour of the Road
- Rear window View information

### Proper Braking

- Heel on floor (side to side foot movement)

### 3 Point Turn

- Timing to complete
- Maximize your road space

### Roundabouts

- Traffic movement

### Hand position

- 10-2
- Hand over hand turning

### Inclement Weather Driving

- Rain
- Snow and Ice
- Wind
- Fog
- Hydroplaning

### Time of Day Driving Issues

- Night Driving (especially dealing with headlight glare)
- Morning and Early Evening (especially dealing with sun glare)

## Other Safety Practices

- Following Distance
- School Buses and Emergency Vehicles
- Turn Signals
- Speed Limits and Maintaining Consistent Speed
- Right of Way
  - Four way stops and Blinking traffic lights*
  - MA Left Turn (DON'T)*
- Mirrors
  - Rearview and side*
  - Blind spots*
  - Looking behind and over shoulder (physically – when changing lanes or reversing)*
- Seat belts